Many years ago, Buddha's disciples asked him, "What rules should we follow to escape our sins?" He replied, "How shall you be set free from your sins? Put a yoke in the river and let it float down a stream for three years, and after three years, release a blind turtle to go after that yoke. The day the blind turtle finds the yoke is the day when you will be set free from your sins."

Of course the blind turtle would never find the yoke. This story shows that it is impossible to escape our sin by our own effort. I became very discouraged as I realized this truth in my life. I desperately wanted to be set free, but everywhere I turned, I found anger, lust and greed in my heart

I was taught that we are to believe what we prove ourselves and find our own way of salvation. But where could I find the answers to my questions? I spent much time going to the temple, making merit, and meditating, but I could not find the answers I needed

Then one day, I became upset with my friend when I found out he became a Christian. I met with him to see what his reasons were for becoming a Christian. He introduced me to the Christians' Bible. I was surprised to learn that Asians wrote the Bible. I wondered if maybe this book had answers for me.

I began learning what the message of the Bible was all about. I was amazed to find that the Bible had answers to my questions and solutions to my problems. I learned why I felt that I could not escape my sin by my own effort. It even had the answer to my greatest question, "How can I be released from the punishment of my sin?" I followed that path and today, I no longer struggle with finding a way to escape the punishment of my sin.

I found my answers in the Bible. Maybe you wonder if this book has the answers you need. If so, I recommend to you a FREE Bible study available from MITTAM Foundation. Upon completion of the course, you will be mailed a certificate of completion from America.

To study by POST, send SMS with code CP-2, your name and mailing address to 087-193-7157.

To study by EMAIL, send SMS with code CP-2, your name and email to 087-193-7157 or send email to info@yfmsea.com.

You may also fill out the included card or write to:

Director of VFMSEA P.O. Box 1117 Don Muang Post Office Bangkok, 10211 I went to the temple, I made merit, I meditated, but I still could not escape my sin.



I thought that going to the temple, making merit, and nightly meditations would help me escape my sin, but I found that anger, lust, and greed were still in my heart. I asked myself, "Why can't I get rid of my sin? Why can't I be released from it?"